

# 10 ICF Approved Program **MENTOR COACHING** **PROGRAM** (Online)



**FIRE UP IS PROUD TO BE ONE OF THE FIRST ICF ACCREDITED COACH TRAINING PROGRAMS IN AUSTRALIA.**

We have trained thousands of coaches since commencing ICF Accredited Programs in 2004. Along the way we have also taken our course material and met the requirements for the Australian Qualifications Framework which means when you graduate from FIRE UP you have a national and international qualification.

Once you have completed the required training, the next step to becoming an exceptional coach, is to have Mentor Coaching. The definition and purpose can be found on the International Coaching Federation (ICF) [website](#).





"I just wanted to say what an inspiring session yesterday was, it really shifted something within me."

FIREUP Graduate Peta 2023

"Mentor Coaching for an ICF Credential consists of coaching and feedback in a collaborative, appreciative and dialogued process based on an observed or recorded coaching session to increase the coach's capability in coaching, in alignment with the ICF Core Competencies."

[coachingfederation.org](http://coachingfederation.org)

## Purpose

"Mentoring provides professional assistance in achieving and demonstrating the levels of coaching competency and capability demanded by the desired credential level.

Mentor Coaching should take place over an extended time (three-month minimum) in a cycle that allows for listening and feedback from the Mentor Coach while also allowing reflection and practice on the part of the individual being mentored."

[coachingfederation.org](http://coachingfederation.org)

## How long does it take?

Our experience of over nearly 20 years has shown Mentor Coaching works best over a 6 month period. We commence programs every 3 months and limit the intake to 6 per group to ensure you get the maximum benefit from feedback.

The new ICF exam requires a thorough understanding of the 8 updated ICF Core Competencies. We support you to coach from a deep understanding of how to demonstrate these in your coaching practice.

The ICF has developed a set of PCC Markers designed to guide assessors feedback to be focused on the demonstration of specific markers in a coaching conversations. Your Mentors will have completed this comprehensive training in 2023.

## What is the process?

The program consists of:

- 7 group Mentoring sessions covering the updated 8 ICF Core Competencies.
- 3 individual Mentor Coaching sessions for personal critiquing and feedback.
- Mentoring from coaches who hold ICF PCC or MCC and have been coaching for over 15 years.
- Access to a Mentor Coaching Student Portal with a repository of recommended reading, podcasts, videos, coaching demonstrations and successful PPC and MCC recordings. FIRE UP is required to submit evidence every year of a student demonstrating competency to the level of the PCC markers which are over-viewed on the ICF website. This demonstrates our students over a 10 year period meeting the high standards required for ICF Accreditation.

## What are the ICF Core Competencies?

### A. Foundation

1. Demonstrates Ethical Practice
2. Embodies a Coaching Mindset

### B. Co-creating the Relationship

3. Establishes and Maintains Agreements
4. Cultivates Trust and Safety
5. Maintains Presence

### C. Communicating Effectively

6. Listens Actively
7. Evokes Awareness

### D. Cultivating Learning and Growth

8. Facilitates Client Growth

## Who are your ICF Mentor Coaches

Your Mentor Coaching will be conducted by Professional Coach Credential (PCC) Accredited Coaches as required by the ICF. We offer you choice with 1 MCC and 3 PCC Mentors on the team. We guarantee the quality of feedback and by having different Mentor Coaches through the program. You will get to experience a range of styles and approaches giving you a rich and rewarding array of feedback. Director Kathy McKenzie has MCC Accreditation, Craig Levitt PCC, Terry Lyn Stevens PCC and Rebekah Fusca currently ACC pending PCC.

For full Mentor Coach Profiles visit [fireupcoaching.com.au](http://fireupcoaching.com.au)



# FIRE UP COACHING MENTOR COACHING PROGRAM (ONLINE)

## PRICING

\$2145.00 per person plus gst

Next program commences October 2023 **ENROL NOW**



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