



FIRE UP
COACHING

RTO 22458

11144NAT

DIPLOMA OF LEADERSHIP COACHING AND MENTORING (ONLINE)



DEVELOP YOUR SKILLS AS A LEADER IN IMPLEMENTING COACHING AND MENTORING INTO AN ORGANISATION TO CREATE POSITIVE AND RESILIENT CULTURES.

Engage and develop staff effectively

Lead through coaching and mentoring

Influence with impact

Be a cutting edge leader with a highly credible qualification

ACTP

ICF ACCREDITED COACH
TRAINING PROGRAM

ICF



NATIONALLY RECOGNISED
TRAINING

1300 347 387

www.fireupcoaching.com.au



IMPLEMENT A LEADERSHIP AND COACHING CULTURE WITHIN YOUR ORGANISATION

A unique facilitator-led
coach training meeting
international standards

50% synchronous

50% asynchronous

30 ICF CCEUs with ACTP

Current global challenges mean individuals require greater flexibility and organisations need greater expertise in their approaches to leading people.

Coaching conversations stimulate and empower others to engage and achieve meaningful results in whatever area they desire.

Wise mentoring builds capability.

Why Choose FIRE UP Coaching?

- Nationally Recognised Training Organisation RTO (#22458) specialising in coach education
- Access to state of the art learner management system that is user friendly and contains a huge repository of resources and templates
- Accredited Coach Training Provider (ACTP) with the International Coach Federation (ICF), one of the world's highest recognised levels of training
- On going support and mentoring from ICF Accredited Coaches ensuring you develop the highest level of competence
- Licensed coaching conversation



“
 The course is thorough and sets up the start of a journey into successful coaching. The facilitators offer a huge level of experience and a delivery style that adds to success. Amazing content in an amazing course ”

- FIRE UP graduate, Greg Sellar

What is new in 2023 about this course?

The FIRE UP course has been updated to reflect the newly updated 8 ICF core competencies.

The ICF recognised the need to update the core competencies due to:

- Rapid changes taking place in the external business environment
- Downsizing, restructuring, mergers and other organisational changes have radically altered the “traditional employment contract.” Companies can no longer achieve results using traditional management approaches and coaching qualifications meet the new needs
- With the growing shortage of talented employees in certain industries, companies must commit to investing in individuals’ development through coaching and mentoring
- In the post pandemic world leaders and managers are expected to not only do their roles but foster wellbeing in the workplace. This Diploma will develop skills and knowledge to lead with awareness
- People are wrestling with job insecurity and increased workplace pressures to perform at higher levels than ever before
- Companies must develop inclusive, collaborative work environments to achieve strategic business goals and to maintain high levels of customer satisfaction
- The latest 2023 ICF survey demonstrates that those aged 25-45 expect their leaders to coach
- People today expect flexibility from their workplace and want to be in charge of their own lives. Coaching aligns an individual with their organisational values.

WHO WILL BENEFIT FROM THIS DIPLOMA?

- Organisational leaders, emergent leaders, team managers and individuals within organisations required to lead, coach and mentor
- Health and emergency professionals and personal trainers looking to deliver better health outcomes
- Individuals looking for a transformational personal development program
- Those looking for impactful online learning and ongoing peer support

What does the qualification involve?

Completion of all 11 core units is required for the qualification.

3 core units have been developed by FIRE UP Coaching to align with the ICF Core competencies being:

- NAT10857001 – Adopt a positive and flexible coaching style based on awareness of self and others
- NAT10857002 – Establish foundations of the coaching relationships
- NAT10857006 – Challenge client to transform limiting beliefs and behaviour and align with core values

5 core units are from the Business Services Training Package

- BSBHRM611 – Contribute to organisational performance development
- BSBHRM523 – Coordinate the learning and development of teams and individuals
- BSBLDR601 - Lead and manage organisational change
- BSBPEF502 - Develop and use emotional intelligence
- BSBTWK401 - Build and maintain business relationships*

3 other core units are from the Public Sector Training Package

- PSPGEN118 - Provide leadership
- NAT11144001 - Provide leadership in developing and implementing a coaching and mentoring plan
- PSPGEN125 - Support workplace coaching and mentoring

*students who have completed Cert IV Business and Personal Coaching previously do not have to take this unit again

Format of the program

FIRE UP Coaching acknowledges the ICF's intellectual property in the development of this new program.

The online program is a combination of facilitator led webinars on video based platforms (such as Zoom) and self-paced learning utilising our learner management system.

The program consists of 11 units of competency that have an introductory 1 hour webinar followed by 12 webinars of 2.5 hours each (2.25 hours of learning time). This is post completion of Certificate IV in Business and Personal Coaching 10857NAT.

At the end of the program students will need to present to the group a project in an organisational context. Total non-contact hours is 60 hours.

Requirements for participation

- Access to web cam and computer
- Commitment to attend facilitator-led sessions



How much is required out of class?

The program is designed to do the majority of your work in class and we recommend that you complete the suggested readings, videos and activities suggested in the learner management system. The ASQA recommended nominal hours is 1435.

What is the assessment process?

The participant is required to achieve competency in all 11 core units of competency in order to achieve the 11444NAT Diploma of Leadership Coaching and Mentoring. Assessment is conducted in accordance with the Standards for Registered Training Organisations (RTOs) 2015.


Assessments will be conducted in a real and simulated business environment that provides the opportunity to display coaching skills with clients, in a coaching context. On the job assessment activities will need to be completed in a private room to ensure confidentiality which could be a private room or meeting space in either a workplace or the training facility.

The evidence for assessment will be collected holistically over the duration of the course.

At the conclusion of the course participants will be assessed on a total of:

- Workplace Project
- 6 client coaching sessions
- 4 hours of mentor coaching which will be recorded on Zoom or smart phone
- 6 triad coaching sessions with peers of 30 minutes each

Evidence of the client coaching sessions, mentor coaching sessions and triad session will require the student to submit documents as evidence to the learner management system.



LEAD STAFF
TOWARDS
ACHIEVING
COMMON GOALS
AND OUTCOMES

11144NAT

DIPLOMA OF LEADERSHIP COACHING AND MENTORING (ONLINE)

PRICING

- 10857NAT Certificate IV in Business and Personal Coaching Level 2 (ACC & PCC): \$10,000.00
- 11144NAT Diploma of Leadership Coaching and Mentoring Level 3 (ACC & PCC): \$5,000.00
- 10857NAT Certificate IV in Business and Personal Coaching Level 2 and 11144NAT Diploma of Leadership Coaching and Mentoring Level 3 (ACC & PCC): \$15,000.00

Details of enrolment, credit transfer and RPL are available by downloading our student handbook at www.fireupcoaching.com.au

*Payment plans available speak to our enrolment team.

Note: If you have completed our Emotional Intelligence Certification (RocheMartin), then you are eligible to receive a credit for unit BSBPEF502.

REFER TO THE ICF WEBSITE
WWW.COACHINGFEDERATION.ORG FOR INFORMATION ON
CREDENTIAL REQUIREMENTS



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