

10857NAT

# CERTIFICATE IV IN BUSINESS AND PERSONAL COACHING (ONLINE)



A UNIQUE FACILITATOR-LED COACH TRAINING UPDATED TO  
ACCOMMODATE COVID CRISIS ICF CHANGES

Until 31st December 2021, The ICF Coach training global board has approved a temporary measure that changes the ratio of synchronous (hours of real-time interaction between faculty and students) to asynchronous (hours spent outside of real time interaction between students and faculty) instruction from 80% synchronous/20% asynchronous to 50% synchronous/50% asynchronous.





FIRE UP Coaching® offers the newly accredited Certificate IV in Business and Personal Coaching (10857NAT) which is an Australian Qualification that also meets the theory requirements for the International Coaching Federation Professional Coach Certification (ICF PCC).

The ICF is the global professional body for coaching and has just released in November 2019 their newly updated 8 Core Competencies for professional coaching.

### Purpose of the course

The purpose of this course is to qualify individuals to work as accredited coaches, or leaders and managers to coach as part of their roles utilising solution focused approaches within contexts that include:

- Executive and Business Coaching
- Sales Coaching
- Health and Wellbeing Coaches
- Educational Coaches
- Career Coaches
- Leadership Coaches and Mentors
- Organisation Development Coach and Mentor
- Sports Performance coaches
- Leadership and Management Coaching

Graduates will be qualified to coach others as part of their leadership roles or establish their own coaching clientele.

DEVELOP AN ADVANCED AWARENESS OF HOW WE AND OTHERS THINK, LEARN AND COMMUNICATE.



## LEARN TO COACH AS YOU EXPERIENCE COACHING.

“ The skills gained at FIRE UP have improved the quality of my life beyond anything I could have imagined ”

Melanie, General Manager  
Mandalay Resources 2017

### What is new in 2021 about this course?

The FIRE UP course has been updated to reflect the newly updated 8 ICF core competencies.

The ICF recognised the need to update the core competencies due to:

- Rapid changes taking place in the external business environment
- Downsizing, restructuring, mergers and other organisational changes have radically altered the “traditional employment contract.” Companies can no longer achieve results using traditional management approaches and coaching qualifications meet the new needs
- With the growing shortage of talented employees in certain industries, companies must commit to investing in individuals’ development through coaching and mentoring
- The disparity between what managers were trained to do and what their jobs now require of them is widening due to increasing demands for competitive results Neuro Linguistic Programming (NLP)
- People are wrestling with job insecurity and increased workplace pressures to perform at higher levels than ever before
- Companies must develop inclusive, collaborative work environments to achieve strategic business goals and to maintain high levels of customer satisfaction
- Individual who have experienced the excellent results of coaching are talking to more people about it
- People today are more open to the idea of being in charge of their own lives. Coaching helps them do just that who have experienced the excellent results of coaching are talking to more people about it

## WHO WILL BENEFIT FROM THIS CERTIFICATE?

- Leaders, executives and managers wanting exceptional interpersonal and communication skills
- Aspiring and professional coaches who are looking to develop skills and expertise
- Health and emergency professionals and personal trainers looking to deliver better health outcomes
- Individuals looking for a transformational personal development program
- Those looking for impactful face to face learning and on going peer support



## What does the qualification involve?

Completion of all 7 core units is required for the qualification.

6 core units have been developed by FIRE UP Coaching® to align with the ICF Core competencies being:

- NAT10857001 — Adopt a positive, supportive and flexible coaching style based on awareness of self and others
- NAT10857002 — Establish foundations of the coaching relationships
- NAT10857003 — Build rapport and evoke awareness in client
- NAT10857004 — Partner with a client to develop a coaching plan to facilitate growth and learning
- NAT10857005 — Facilitate clients' progress and accountability
- NAT10857006 — Challenge client to transform limiting beliefs and behaviour and align with core values

The 7th unit is from the Business Services Training Package

- BSBTWK401 — Build and maintain business relationships

## Format of the program

FIRE UP Coaching® acknowledges the ICF's intellectual property in the development of this new program.

The online program is a combination of facilitator led webinars on video based platforms (such as zoom) and self-paced learning by utilising our advanced online student portal.

The program consists of 4 Parts with an introductory 1 hour webinar followed by 30 training webinars of 2.5 hours each and 7 ICF Specific Mentor coaching sessions.

The total volume of learning meets and exceeds the ICF requirements of an Accredited Coach Training Program (ACTP) of 125 hours and 10 hours of Mentor Coaching that is required for ICF Accreditation.

How long does it take to complete?

The course content takes on average 6 months to complete and the required assessments are based on the individual completing them within a 12 month time frame.

## Requirements for participation

- Access to computer with internet access and a webcam
- Commitment to attend facilitator led sessions and the ICF Mentor Coaching sessions.

Need support?

- Full access to our dedicated technical student support team.



## How much is required out of class?

The program is designed to do the majority of your work in class and it is up to you how much additional reading, listening to podcasts and practising with your peers you do.

## What is the assessment process?

The participant is required to achieve competency in all 7 core units of competency in order to achieve the 10857NAT Certificate IV in Business and Personal Coaching.

Assessment is conducted in accordance with the Standards for Registered Training Organisations (RTOs) 2015 or its successor.

Assessments will be conducted in a real and simulated business environment that provides the opportunity to display coaching skills with clients and colleagues in a private and safe space.

On the job assessment activities will need to be completed in a private room to ensure confidentiality which could be a private room or meeting space in either a workplace or the training facility.

The evidence for assessment will be collected holistically over the duration of the course.

Over the duration of the course participants will be assessed with a number of methods:

- Practice coaching (in class)
- Client coaching sessions (out of class)
- Knowledge quizzes
- Attendance of Mentor coaching sessions

All of the assessment tasks are submitted easily using the online student portal.



PROFESSIONAL  
TRAINING  
TO HELP YOU  
REACH YOUR  
CAREER AND  
LIFESTYLE GOALS





## SCHEDULE OPTIONS

### 10857NAT CERTIFICATE IV IN BUSINESS AND PERSONAL COACHING ONLINE 2022

May - December		
Topics	Dates	Time (AEDT)
Webinar 1 Webinar 2	May 17th (Tuesday) 2022	9:30 am - 12:00 pm 1:30 pm - 4:00 pm
Webinar 3 Webinar 4	May 18th (Wednesday) 2022	9:30 am - 12:00 pm 1:30 pm - 4:00 pm
Webinar 5 Webinar 6	May 31st (Tuesday) 2022	9:30 am - 12:00 pm 1:30 pm - 4:00 pm
Webinar 7 Webinar 8	June 1st (Wednesday) 2022	9:30 am - 12:00 pm 1:30 pm - 4:00 pm
Webinar 9 Webinar 10	June 14th (Tuesday) 2022	9:30 am - 12:00 pm 1:30 pm - 4:00 pm
Webinar 11 Webinar 12	June 15th (Wednesday) 2022	9:30 am - 12:00 pm 1:30 pm - 4:00 pm
ICF Mentor Coaching Session 1	July 20th (Wednesday) 2022	9:30 am - 12:00 pm
Webinar 13 Webinar 14	August 2nd (Tuesday) 2022	9:30 am - 12:00 pm 1:30 pm - 4:00 pm
Webinar 15 Webinar 16	August 3rd (Wednesday) 2022	9:30 am - 12:00 pm 1:30 pm - 4:00 pm
Webinar 17 Webinar 18	August 16th (Tuesday) 2022	9:30 am - 12:00 pm 1:30 pm - 4:00 pm
Webinar 19 Webinar 20	August 17th (Wednesday) 2022	9:30 am - 12:00 pm 1:30 pm - 4:00 pm
ICF Mentor Coaching Session 2	August 31st (Wednesday) 2022	9:30 am - 12:00 pm
ICF Mentor Coaching Session 3	September 7th (Wednesday) 2022	9:30 am - 12:00 pm
Webinar 21 Webinar 22	October 4th (Tuesday) 2022	9:30 am - 12:00 pm 1:30 pm - 4:00 pm
ICF Mentor Coaching Session 4	October 5th (Wednesday) 2022	9:30 am - 12:00 pm
Webinar 23 Webinar 24	October 25th (Tuesday) 2022	9:30 am - 12:00 pm 1:30 pm - 4:00 pm
Webinar 25 Webinar 26	October 26th (Wednesday)	9:30 am - 12:00 pm 1:30 pm - 4:00 pm
ICF Mentor Coaching Session 5	November 9th (Wednesday) 2022	9:30 am - 12:00 pm
Webinar 27 Webinar 28	November 23rd (Wednesday) 2022	9:30 am - 12:00 pm 1:30 pm - 4:00 pm
ICF Mentor Coaching Session 6	December 6th (Tuesday) 2022	9:30 am - 12:00 pm
ICF Mentor Coaching Session 7	December 13th (Tuesday) 2022	9:30 am - 12:00 pm
Webinar 29 Webinar 30	December 14th (Wednesday) 2022	9:30 am - 12:00 pm 1:30 pm - 4:00 pm

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## PRICING

\$10,000 (Standard)

\*To register for ICF membership, you must complete a minimum of 2 Parts

\*The easiest pathway to become ICF Accredited is to complete all 4 Parts or other options email [info@fireup.com.au](mailto:info@fireup.com.au)

PAYMENT PLANS ARE AVAILABLE



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